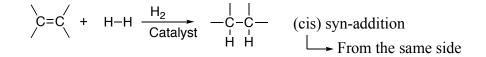
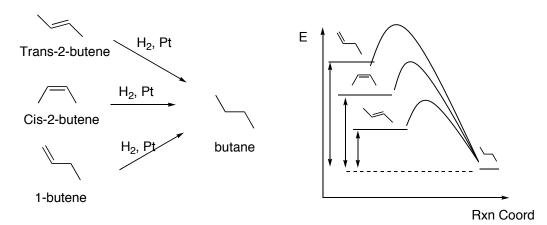
Review:

Hydrogenation (H-H addition): Addition of H₂



Catalyst is one of Ni (Nickel), Pd(Palladium), Pt(Platinum)

Example:



All of the above reactions are exothermic.



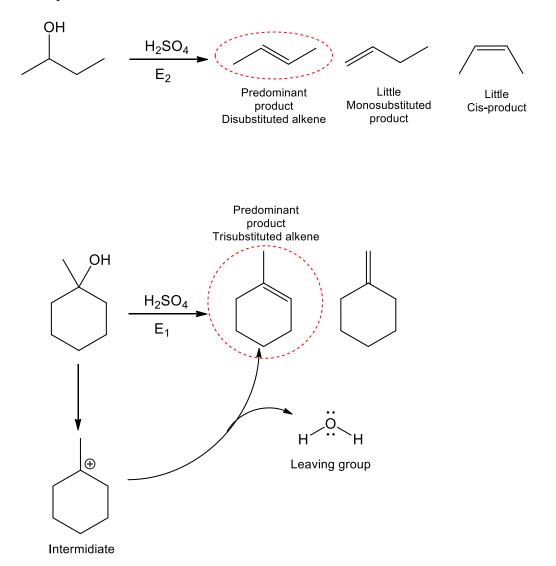
more alkyl substitution gives increased electron donation, making the alkene more stable and less reactive

 $/= \setminus$

trans more stable than cis due to sterics

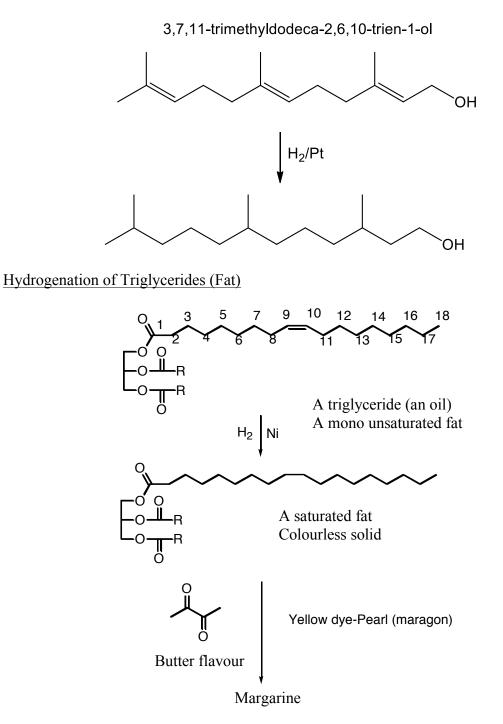
The physical principles above are the concepts behind the Zaitzev rule.

Examples:

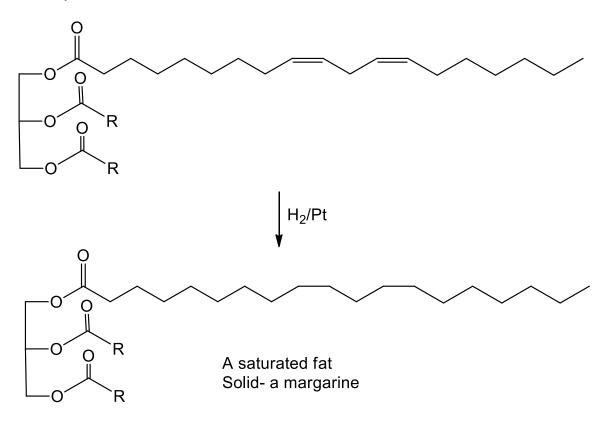


Hydrogenation:

Eg. Farnesol



Cis-Polyunsaturated Fat



Example of a Trans-Unsaturated Fat:

