## Carbohydrates (C<sub>N</sub>H<sub>2N</sub>O<sub>N</sub>)

sugars, saccharides

A familiar equation:

$$6 \text{ CO}_2 + 6 \text{ H}_2 \text{O} \xrightarrow{\text{photosynthesis}} \text{C}_6 \text{H}_{12} \text{O}_6 + 6 \text{ O}_2$$

- about  $4 \times 10^{11}$  metric tons of carbon dioxide is converted into glucose by plants
- the process of photosynthesis only uses 0.02% of the suns total energy on Earth
- the sugar produced is known as D-glucose, shown below in a Fischer Projection

#### **Nomenclature of Sugars**

General formula of sugars:  $C_NH_{2N}O_N$  (approx.) The number of carbons is indicated as follows:

3 carbon sugar  $(C_3)$  – triose 4 carbon sugar  $(C_4)$  – tetrose 5 carbon sugar  $(C_5)$  – pentose 6 carbon sugar  $(C_6)$  – hexose

Example 1: Glycerol

#### Example 2: D-Glucose

#### **D-Glucose**

D-Glucose is an Aldohexose

The carbonyl group is indicated by the prefix:

**Note:** The sugar backbone is numbered such that the C=O is assigned the lowest number possible.

Additionally, an allocation of D or L is given to indicate the stereochemistry of the highest numbered (last) stereocentre.

D sugar – highest numbered stereocentre in *R* configuration.

L sugar – highest numbered stereocentre in *S* configuration.

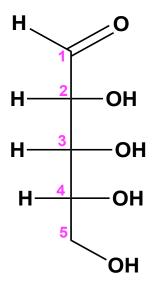
## Example 2: D-Fructose

**D-Fructose** 

Based on the above nomenclature, D-Fructose is a **ketohexose** (ketone, 6 carbons)

The above structure is labelled as "D" because the R configuration occurs at carbon 5 (note that carbon 6 is not a stereocentre).

## Example 3: D-Ribose



An aldopentose (aldehyde, 5 carbons long). At the highest numbered stereocentre (carbon 4) the stereochemistry is R.

The name of this is D-ribose (found in RNA! – deoxyribose is in DNA)

# These sugars can cyclize (form rings)

- o 6-ring sugar is a pyranose
- o 5-ring sugar is a furanose

#### **Hemiacetal and Acetal Formation**

Recall addition reaction across a double bond (i.e., ether formation)

$$C=C \xrightarrow{H^{\oplus}} -C-C-C$$

$$H_2SO_4 \xrightarrow{H \text{ OR}} -C-C$$

Similarly, addition reactions can be done on carbonyls (Ketones and Aldehydes) in the presence of an acid catalyst:

## Example 4 - Glucose

- This is a favored reaction. The sugar interconverts between the linear (or open) and ring form but the ring form (hemiacetal) is generally more favored.
- If OH at the anomeric carbon (C with 2 oxygens attached) is on same side of ring as CH<sub>2</sub>OH then the configuration called  $\beta$  (beta) if on opposite side it is  $\alpha$  (alpha)
- For glucose, the alpha and beta anomer are present in the same amount. However, for other sugars, the alpha anomer is generally more favored.
- 6-Membered sugar rings are called pyranose
- 5-Membered sugar rings are called furanose

## Example 4 - Glucose

#### **Example 5 - Fructose**

Same side = beta Opposite side = alpha

$$CH_2OH$$
 $HO$ 
 $HO$ 

## Example 3 - Table Sugar (Sucrose):

 $\alpha$ –D-Glucopyranosyl- $\beta$ –D-Fructofuranoside

- Has 2 anomeric carbons
- Non-reducing sugar since it contains an acetal group and does not contain hemiacetals, aldehydes, or alpha-hydroxy ketone
- Can be broken down by the body to glucose and fructose monomer

**Monosaccharides** – simple sugars such as glucose and fructose – can't be converted to smaller sugars by chemical reaction (i.e., hydrolysis)

## **Polymers of Sugars**

- **Disaccharide:** sugars that are composed of 2 monosaccharide units
- Trisaccharide: sugars that are composed of 3 monosaccharide units

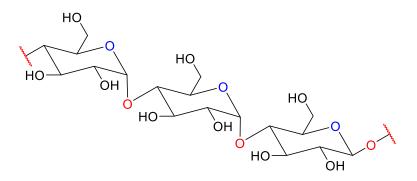
- **Tetrasaccharide:** sugars that are composed of 4 monosaccharide units
- Oligosaccharides: sugars that are composed of 3 to 10 monosaccharide units
- **Polysaccharides:** long chain of carbohydrates containing more than ten (> 10) monosaccharide monomers.

#### Cellulose

 $\beta$ -(1 $\rightarrow$ 4)-D-Glucopyranoside polymer (Cellulose)

- Cellulose is a polysaccharide composed of D-glucose monomers linked via β-1,4 glycosidic linkages.
- Cellulose is a main component of cotton and paper
- Cellulose is also a raw material for producing cellulose nitrate which is the major component of smokeless powder used as a propellant in ammunition of firearms and artillery.
- β-linkages cannot be digested by most mammals

## Starch (Amylose)



 $\alpha$ -(1 $\rightarrow$ 4)-D-Glucopyranoside polymer (Amylose)

- Amylose (accounts for 20% of the weight of starch) is a polysaccharide composed of D-glucose units linked via α-1,4 glycosidic linkages

#### **Starch (Amylopectin)**

Amylopectin:  $\alpha$ -(1 $\rightarrow$ 4) and  $\alpha$ -(1 $\rightarrow$ 6) linked D-glucopyranoside polymer

- Amylopectin is the main component of starch (80% dry weight)
- Amylopectin is characterized by branching via  $\alpha$ -(1 $\rightarrow$ 6)-glycosidic linkages in approximately every 25 glucose units along the main polymer chain.

## Chitin

## Other Examples and Information

## **Reducing Sugars**

- Contains either an aldehyde, α-hydroxyketone, or a hemiacetal
- All aldoses are reducing sugars

# **Non-reducing sugars**

- Any sugars that do not contain any of the above functionality (i.e., glycerol) or an acetal group (i.e., sucrose)

#### **Artificial Sweeteners**

## **Sucralose**

# **Sodium Cyclamate**

## Saccharine

# Aspartame