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Carbohydrates (C_NH_{2N}O_N)

sugars, saccharides

A familiar equation:

$$6 \text{ CO}_2 + 6 \text{ H}_2 \text{O} \xrightarrow{\text{photosynthesis}} \text{C}_6 \text{H}_{12} \text{O}_6 + 6 \text{ O}_2$$

- about 4×10^{11} metric tons of carbon dioxide is converted into glucose by plants
- the process of photosynthesis only uses 0.02% of the suns total energy on Earth
- the sugar produced is known as D-glucose, shown below in a Fischer Projection

Nomenclature of Sugars

General formula of sugars: C_NH_{2N}O_N (approx.) The number of carbons is indicated as follows:

Example 1: Glycerol

Example 2: D-Glucose

D-Glucose

D-Glucose is an Aldohexose

The carbonyl group is indicated by the prefix:

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Note: The sugar backbone is numbered such that the C=O is assigned the lowest number possible.

Additionally, an allocation of D or L is given to indicate the stereochemistry of the highest numbered (last) stereocentre.

D sugar – highest numbered stereocentre in *R* configuration.

L sugar – highest numbered stereocentre in *S* configuration.

Example 2: D-Fructose

$$H_{2}C$$
OH
 $H_{2}C$ OH
 $H_{2}C$ OH
 $HO^{3}C^{5}H$
 $H^{4}C^{R}OH$
 $H^{5}C^{R}OH$
 $H_{2}C$
 G OH

D-Fructose

Example 3: D-Ribose

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These sugars can cyclize (form rings)

- o 6-ring sugar is a pyranose
- o 5-ring sugar is a furanose

Hemiacetal and Acetal Formation

Recall addition reaction across a double bond (i.e., ether formation)

Similarly, addition reactions can be done on carbonyls (Ketones and Aldehydes) in the presence of an acid catalyst:

Example 4 - Glucose

- This is a favored reaction. The sugar interconverts between the linear (or open) and ring form but the ring form (hemiacetal) is generally more favored.

- If OH at the anomeric carbon (C with 2 oxygens attached) is on same side of ring as CH₂OH then the configuration called β (beta) if on opposite side it is α (alpha)
- For glucose, the alpha and beta anomer are present in the same amount. However, for other sugars, the alpha anomer is generally more favored.
- 6-Membered sugar rings are called pyranose
- 5-Membered sugar rings are called furanose

Example 4 - Glucose

Example 5 - Fructose

Example 3 - Table Sugar (Sucrose):

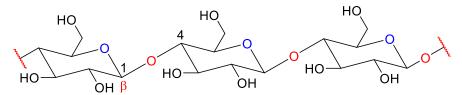
- Has 2 anomeric carbons
- Non-reducing sugar since it contains an acetal group and does not contain hemiacetals, aldehydes, or alpha-hydroxy ketone
- Can be broken down by the body to glucose and fructose monomer

Monosaccharides – simple sugars such as glucose and fructose – can't be converted to smaller sugars by chemical reaction (i.e., hydrolysis)

Polymers of Sugars (Polysaccharides)

- **Disaccharide:** sugars that are composed of 2 monosaccharide units
- **Trisaccharide:** sugars that are composed of 3 monosaccharide units
- **Tetrasaccharide:** sugars that are composed of 4 monosaccharide units
- Oligosaccharides: sugars that are composed of 3 to 10 monosaccharide units
- **Polysaccharides:** long chain of carbohydrates containing more than ten (> 10) monosaccharide monomers.

Cellulose



β-(1→4)-D-Glucopyranoside polymer (Cellulose)

- Cellulose is a polysaccharide composed of D-glucose monomers linked via β-1,4 glycosidic linkages.
- Cellulose is a main component of cotton and paper
- Cellulose is also a raw material for producing cellulose nitrate which is the major component of smokeless powder used as a propellant in ammunition of firearms and artillery.
- β-linkages cannot be digested by most mammals

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Starch (Amylose)

α-(1→4)-D-Glucopyranoside polymer (Amylose)

- Amylose (accounts for 20% of the weight of starch) is a polysaccharide composed of D-glucose units linked via α-1,4 glycosidic linkages

Starch (Amylopectin)

Amylopectin: α -(1 \rightarrow 4) and α -(1 \rightarrow 6) linked D-glucopyranoside polymer

- Amylopectin is the main component of starch (80% dry weight)
- Amylopectin is characterized by branching via α -(1 \rightarrow 6)-glycosidic linkages in approximately every 25 glucose units along the main polymer chain.

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Chitin

Other Examples and Information

Reducing Sugars

- Contains either an aldehyde, α-hydroxyketone, or a hemiacetal
- All aldoses are reducing sugars

Non-reducing sugars

- Any sugars that do not contain any of the above functionality (i.e., glycerol) or an acetal group (i.e., sucrose)

Artificial Sweeteners

Sucralose

- Non-reducing sugar

Sodium Cyclamate

Saccharine

Aspartame